

# Adëeva™ Products

All-In-One Multi-Vitamin & Mineral

High Potency - B-50 complex, antioxidant enriched & 500 mg calcium

Nature's Essential Oils

Optimal blend of Omega essential fatty acids

Glucosamine Joint Formula

Fast-acting formula for Osteoarthritis and joint cartilage damage

Nature's Relief

Natural anti-inflammatory for joints, muscles and bursitis

Women's Hormonal Balance

Relief of Menopause symptoms, PMS, fibrocystic breast disease

Bone Support Formula

Prevention and Management of Osteoporosis

Prostate 40 Plus

Prevents/Reverses Prostate enlargement and supports prostate health

Body Burn

Fat Metabolizer for weight loss, athletic performance and blood sugar control

Immuno-Detox Prime

Strengthens the immune and detox systems

Flora-Essentials

Improves digestion and immune function

Cardio Essentials

CoQ10 and Hawthorn for heart health and blood pressure regulation

Thyro-Support Formula

Supports thyroid function and thyroid hormone therapy

Memory Support Complex

Supports memory and helps prevent age-related memory loss

SensaGen

Sexual enhancement for men and women

CholesterEx

Lowers cholesterol and triglycerides

UT-Clear

Prevents recurrence of urinary tract infections

Sleep-E Naturals

Natural sleep agent with brain protective nutrients

Ultimate Glutathione

Increase levels of glutathione for liver, kidney and immune support

MigranEx

Helps to reduce migraine attacks

Adrenal Support Formula

Anti-stress formula and adrenal support

Nature's Iron

High potency and bioavailable iron (45 mg) - non constipating

Orega Sept

Nature's antibiotic to help fight infections, acne and rosacea

Lean Mass Plus

High quality whey protein and fibre shake

Clinical Weight Loss Kit

Dr. Meschino's complete weight loss coaching system

Essential H.A.

Topical formula to reverse wrinkles, crows feet and fine lines

Stone Factors

For treatment and prevention of kidney and gallbladder stones

Creatine Plus

Powder-stir into juice for increased energy, strength, power

# Adëeva™

## UT-Clear



The Natural Choice of  
Healthcare Professionals since 1996

Adëeva Nutritionals Canada Inc.

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# UT-Clear

## Proven ingredients to prevent urinary tract infections

UT-Clear contains doses and standardized grades of cranberry extract and D-mannose that have been shown to reduce the recurrence of urinary tract infections.

Cranberry Extract - Studies demonstrate that cranberry extract contains active constituents, which decrease the ability of bacteria to adhere to the walls of the urinary tract. In addition, cranberry extract also helps to acidify the urine, which decreases the ability of bacteria to replicate.

UT-Clear contains 150 mg of cranberry extract per capsule, and the cranberry extract is standardized to contain 30% total acids, of which 10% are quinic acid and 3% polyphenols. Standardized extracts of this nature are the type of cranberry product that have been shown in clinical studies to reduce recurrence of urinary tract infections, even in elderly women

D-mannose - is a simple sugar that the human body can not metabolize (so no calories to worry about and it does not affect blood sugar). However, once filtered by the kidneys into the urine, D-Mannose acts like a slippery glove around the tentacles of E. Coli bacteria, preventing these bacteria from clinging to the walls of the urinary tract. In the presence of D-Mannose the bacteria simply lose their grip and slide out of your body each time you urinate.

E. Coli is the primary culprit in urinary tract infections. And it's a stubborn little germ, largely because it grips to the walls of the urinary tract with its tentacles that act like little suction cups. Thus, E.coli bacteria, is hard to eliminate even with the use of antibiotics, which are required when a UTI is in progress. But antibiotics may not kill all the E.Coli bacteria. The ones that remain cling to the walls of the urinary tract, giving them a chance to multiply and create a whole new UTI episode in the future.

This is where D-Mannose comes in. D-Mannose, at a daily dosage of 500-1,000 mg per day helps to flush E.Coli out of the body before they can stick to the walls of the urinary tract and initiate another urinary tract infection.

Thus, a combination supplement containing cranberry extract and D-Mannose, at effective dosages and standardized grades, is a potent one-two punch in the prevention of troublesome urinary tract infections.

If you suffer from recurrent urinary tract infections ask your health practitioner about Adëeva UT-Clear, as a means to help to prevent future episodes.

**For more information about Adëeva UT-Clear  
visit [www.adeevainfo.com](http://www.adeevainfo.com)**

### Clinical Applications:

Prevention of urinary tract infections

Adjunctive support during treatment of urinary tract infections

### Active Ingredients

Cranberry Extract (std to 30% total acids, including 10% quinic acid and 3% polyphenols)	150 mg
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D-Mannose	500 mg
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*Amounts per capsule, 60 per bottle*

### Contraindications & Considerations

Conditions:

- Pregnancy
- Breast Feeding (Lactation)
- Kidney Failure (Renal Failure)<sup>1</sup>
- Received a transplant of any kind<sup>1</sup>
- If kidney has been removed<sup>1</sup>
- Kidney clearance problems (e.g., dialysis)<sup>1</sup>

<sup>1</sup>Requires approval from specialist/physician