

## Nyquinadol

Night Time Pain Relief  
Works first Night  
No Addiction or dependency risk

Nyquinadol contains medicinal ingredients from the California Poppy Herb (*Eschscholzia californica*) that are proven to block night time pain, allowing individuals with chronic or acute pain to sleep through the night without being awakened by the pain. These medicinal ingredients also help to induce sleep, enabling individuals, who are in pain, to fall asleep at night, and experience a restful sleep through the night.

### How Does Adeeva Nyquinadol Work?

The California Poppy extract in Adeeva Nyquinadol is standardized to contain the three important isoquinoline alkaloids (californidine, escholtzine and protopine) shown to block pain and induce sleep. These isoquinoline alkaloids bind to Opioid and serotonin receptors, relieving pain, without producing euphoria or having addiction potential. Stimulation of Opioid receptors blocks pain sensation in the brain and blocks pain conduction in the spinal cord from reaching higher brain centers. Activation of serotonin receptors is also known to block the sensation of pain and induce sleep.

Health Canada has posted an official California Poppy monograph on its website, highlighting its established night time pain-killing effects and sedation properties. Health Canada has granted Adeeva Nyquinadol a Natural Health Product Number (NPN), as the dosage, standardized grade and product manufacturing meet all requirements for efficacy, safety and quality assurance. The Health Canada issued NPN for Nyquinadol is: 80032386.

### Clinically-Proven Formula

Adeeva Nyquinadol contains the exact standardized grade of the California Poppy shown to relieve night pain and enable individuals to get to sleep and remain free of pain while they sleep through the night. Practitioners know that pain is usually amplified through the night, which makes it difficult for patients to fall asleep, and remain asleep through the night. In turn, lack of sleep slows the healing process, and often makes the patient more irritable, despondent, and may even lead to depression. As such, the administration of Adeeva Nyquinadol, one hour before bedtime, addresses this important part of pain management.

We recommend that individuals, who are in pain, consider the use of Nyquinadol, in conjunction with concurrent treatment to correct the underlying cause of the problem. This approach enables the individual to get to sleep at night, which assists in the healing process and makes the individual's problem more tolerable.

### No Addiction Potential

Unlike narcotic pain-killing drugs (e.g. Percocet, Oxydone, Oxycontin etc.) and Benzodiazepine drugs (e.g. Valium, Ativan), often used to help patients in pain sleep through the night, Nyquinadol does not cause addiction or destroy a person's motivation to return to a productive life. Nyquinadol supplementation does not cause euphoria or feeling of being stoned, which allows individuals to function normally through the day, and demonstrate better compliance with treatment recommendations.



### Clinical Applications:

Chronic or Acute Night Pain - take one capsule, one hour before bedtime, with a small snack. If pain still occurs, take two capsules, one hour before bedtime the following night.

### Active Ingredients

California Poppy 6:1 Extract	500 mg
(equal to 3 gms of crude herb)	

### Amount per capsule, 30 per bottle

### Contraindications & Considerations

#### Conditions:

- Do not take this supplement if you are taking an evening or night time dose of a narcotic drug (e.g. Percodan, Oxycontin etc), anti-anxiety drug or sleep-inducing drug (e.g. Valium, Sonata, Ambien etc).
- Pregnancy
- Breast feeding or lactation
- Kidney failure (renal failure), kidney has been removed, any kidney clearance problem<sup>1</sup>
- Received an organ transplant of any kind<sup>1</sup>

<sup>1</sup> Requires approval from specialist/physician

### Medication/Apparatus:

- Narcotic drugs
- Anti-anxiety drugs
- Sleep aid drugs
- Benzodiazepine drugs