

Bone Support Formula

The ultimate professional blend of bone support nutrients.

Contains optimal amounts of the key bone building nutrients that are vital to the prevention and management of osteoporosis and osteopenia. Osteoporosis affects one in four women and one in eight men over the age of 50. Deaths from the consequences of osteoporosis kill more women each year than the combined mortality rate for breast and ovarian cancer. 20% of women and 25% of men die within the first year following an osteoporotic fracture of the hip. Osteoporosis is nearly 100% preventable, simply by providing bones with optimal nutrient support and sufficient weight bearing or resisted exercise.

Bone Protection Made Easy

Studies prove that adults of all ages require 1000-1500mg of calcium per day and 800-1400IU of Vitamin D per day to maximize bone density. These amounts can be achieved by taking the Adëeva Bone Support Formula in conjunction with Adëeva's All-In-One Multi-Vitamin and Mineral. In addition, these two products also provide optimal amounts of other vital bone support nutrients including magnesium, B- vitamins, copper, zinc, manganese, boron, silica, icariin flavonoid and bioflavonoids.

The Icarin Flavonoid Is Proven To Reverse Bone Loss

Icarin flavonoid, (derived from Epimedium or Horny Goat Weed) is proven to increase bone density (even in postmenopausal women who have already lost bone mass) making it the only naturally-occurring herbal agent known to reverse bone loss. The Adëeva Bone Support Formula contains 60 mg of Icarin Flavonoid – the exact dosage proven to reverse bone loss in postmenopausal women. The Icarin Flavonoid is known to inhibit osteoclastic activity and increase osteoblastic activity of bone cells. There are no drugs that can do this as well, or as safely (no side effects reported).



Clinical Applications:

Best used with Adëeva All-in-One Multi-Vitamin and Mineral

All women and men over age 40 (the goal is minimum 1000 mg of calcium and 800 IU of vitamin D per day from supplementation, which is provided by the Adëeva Multi-Vitamin and 2 Bone Support Formula caplets)

Adjunctive nutritional support for colorectal cancer patients and familial polyposis

High-Blood Pressure (1000-1500 mg of calcium can lower blood pressure by relaxing vascular smooth muscle and flushing out excess sodium through the kidneys)

Active Ingredients

Total Carbohydrates	<1 g
Vitamin D (as cholecalciferol)	800 IU
Betaine Hydrochloride	10 mg
Bamboo Extract (Bambusa vulgaris, leaf & stem) (70% silicone)	4.4 mg
Boron (as boron citrate)	1.5 mg
Calcium (as calcium carbonate and citrate)	600 mg
Magnesium (as magnesium chelate)	300 mg
Horny Goat Weed (20% Icarin flavanoid)	300 mg

Amounts for 2 capsules, 60 per bottle

Contraindications & Considerations

Conditions:	- If kidney has been removed ¹
- Pregnancy ¹	- Kidney clearance problem (e.g., a dialysis patient) ¹
- Breast Feeding or Lactation ¹	- Sarcoidosis ¹
- Kidney Failure (Renal Failure) ¹	- Hyperparathyroidism ¹
- Received a transplant of any kind ¹	

¹Requires approval from specialist/physician