

Adëeva™ Products

All-In-One Multi-Vitamin & Mineral

High Potency - B-50 complex, antioxidant enriched & 500 mg calcium

Nature's Essential Oils

Optimal blend of Omega essential fatty acids

Glucosamine Joint Formula

Fast-acting formula for Osteoarthritis and joint cartilage damage

Nature's Relief

Natural anti-inflammatory for joints, muscles and bursitis

Women's Hormonal Balance

Relief of Menopause symptoms, PMS, fibrocystic breast disease

Bone Support Formula

Prevention and Management of Osteoporosis

Prostate 40 Plus

Prevents/Reverses Prostate enlargement and supports prostate health

Body Burn

Fat Metabolizer for weight loss, athletic performance and blood sugar control

Immuno-Detox Prime

Strengthens the immune and detox systems

Flora-Essentials

Improves digestion and immune function

Cardio Essentials

CoQ10 and Hawthorn for heart health and blood pressure regulation

Thyro-Support Formula

Supports thyroid function and thyroid hormone therapy

Memory Support Complex

Supports memory and helps prevent age-related memory loss

SensaGen

Sexual enhancement for men and women

Chole Forte

Lowers cholesterol and triglycerides

UT-Clear

Prevents recurrence of urinary tract infections

Sleep-E Naturals

Natural sleep agent with brain protective nutrients

Ultimate GLX

Increase levels of glutathione for liver, kidney and immune support

Adrnl Support Formula

Anti-stress formula and adrenal support

Nature's Iron

High potency and bioavailable iron (45 mg) - non constipating

Orega Sept

Nature's antibiotic to help fight infections, acne and rosacea

Lean Mass Plus

High quality whey protein and fibre shake

Clinical Weight Loss Kit

Dr. Meschino's complete weight loss coaching system

Essential H.A.

Topical formula to reverse wrinkles, crows feet and fine lines

Chanca Piedra

For treatment and prevention of kidney and gallbladder stones

Creatine Plus

Powder-stir into juice for increased energy, strength, power

Adëeva™

Chanca Piedra



Adëeva Nutritionals Canada Inc.

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Chanca Piedra

Natural Solution For Kidney and Gallbladder Stones

Kidney stones are reported to affect about 12% of men and 5% of women over their lifetime. Certain dietary factors and genetic factors appear to increase risk of kidney stones (see Stone Factors Product Page at www.adeevainfo.com for these details).

In the case of gallbladder stones a low-fat, low-cholesterol diet is advisable to prevent gallstone formation, but some susceptible individuals develop gallstones even when consuming a healthy diet.

Natural Supplements Shown To Dissolve And Eliminate Stones

In cases of kidney or gallbladder stones it is imperative to follow the treatment recommendations outlined by the attending physician. However, in many cases no corrective treatment is planned, and watchful waiting is the management plan. In other cases a patient who has already had a stone problem in the past wants to know how to prevent the recurrence of stone formation in the future (because it's really painful). In these situations Adëeva Stone Factors is of great benefit, as its ingredients are proven to dissolve, eliminate and/or block the recurrence of kidney and gallbladder stones.

Chanca piedra:

Chanca piedra is a popular South American herb used traditionally to dissolve and eliminate kidney and gallbladder stones. The English translation for Chanca piedra is 'stone crusher.' Recent scientific evidence has provided solid evidence of this therapeutic effect.

A 2006 Brazilian study showed that the therapeutic effect of Chanca piedra may be due to its ability to modify the shape and texture of stones (calculi) to a smoother and more fragile form, allowing easier elimination and/or dissolution of the stones.

A study in Urological Research demonstrated that Chanca piedra has an inhibitory effect on crystal growth and aggregation in human urine, which may account for its ability to inhibit stone formation.

A 2006 study involving 150 kidney stone patients (Journal of Urology) tested the efficacy of Chanca piedra supplementation in patients administered shock wave therapy. Shock wave therapy breaks down stones to facilitate their elimination. Upon completion of therapy approximately half of the patients were given 2 grams of Chanca piedra every day, for 30 days. Stone clearance was assessed after 30, 60, 90 and 180 days by abdominal x-ray and ultrasound scan. The patient group taking Chanca piedra showed a remarkable stone-free rate 10%-23% lower than patients not taking Chanca piedra.

Vitamin B6 and Magnesium:

Supplementation with Vitamin B6 and magnesium has also shown positive effects on preventing the recurrence of kidney stones. In a landmark study 149 patients, with longstanding recurrent kidney stones, received 100 mg of magnesium 3 times a day and 10 mg of pyridoxine (vitamin B6) once a day for 4.5 to 6 years. The mean rate of stone formation fell by 92.3%, from 1.3 stones per patient per year, prior to the study, to 0.10 stones per patient per year during the study. No significant side effects occurred. Another study using 500 mg of magnesium alone also showed impressive results in preventing the recurrence of kidney stones in previous sufferers.

If you have a history of kidney or gallbladder stones ask your health practitioner if Adëeva Stone Factors may be helpful in your case

**For more information about Adëeva Stone Factors
visit www.adeevainfo.com**

Clinical Applications:

Prevention of Kidney and Gallbladder Stones In
Previous Suffers And High-Risk Individuals

Complementary Treatment of Kidney and
Gallbladder Stones

Gout – Chanca piedra is shown to increase uric
acid excretion in animal studies

Active Ingredients

Chanca Piedra (Phyllanthus niruri)	500 mg
Magnesium	100 mg
Vitamin B6	5 mg

Other Ingredients:

Organic Brown Rice Flour, Stearic Acid

Amounts for 1 capsule, 60 per bottle

Contraindications & Considerations

Liver Disease ⁴

Renal Failure ⁴

Pregnant

Breast Feeding

Organ Transplant Recipient ⁴

History of Cancer ⁴

⁴ requires physician approval