

## **Adëeva Practitioner Program**

**Adëeva Info website:** [www.adeevainfo.com](http://www.adeevainfo.com)

1. Patients Product Brochures: (bottom of home page)
  - click View All – click on product link to download/view/print
  - Use scroll-bar on right to go to next page
2. Supporting Research: (top of home page and also at bottom under Resources)
  - Alphabetical Order (click on research link to download/view/print)
  - Use scroll-bar on right to go to next page
3. Product Videos: (click Our Products at top of home page)
  - Click on a Product; Video on that product will appear – click Play - very short, but a great explanation of the ingredients and how the product works, with on-screen notes
4. Online Anti-aging podcast: A great education tool for your patients/clients ! (just above the fold)
  - Go to link and click: [Listen to Dr. Meschino's Patient Wellness Seminars](#)
  - Link takes you to Dr. Meschino's live 2-part patient/consumer Health Destiny seminar on supplements for anti-aging: *Combating The Genetic Time Bombs Of Aging and Disease, Naturally*  
<https://adeevainfo.com/listen-to-dr-meschino/>

### **Special Offers & Programs for Practitioners – Monthly Specials, Personal Use & Affiliate**

- We have new specials every month, where practitioners can receive FREE products and/or discounts of up to 50%
- Practitioners will receive a short article from Dr. Meschino (email) describing the health benefits of our featured product(s), along with this month's special offer
- Call Nathan at: 1-888-251-1010 to order or to get details

## **MW Digital Coaching Program (\$100 gift) – 20 subscriptions**

- Comprehensive Nutrition / Lifestyle / Healthy Aging Assessment
  - Personalized recommendations that would normally cost hundreds of dollars if provided by a Nutritionist or ND
- Ongoing Health Literacy
  - Weekly update videos from Dr. Meschino (Lifestyle Medicine news in wellness, anti-aging & healthy life expectancy)
  - Today's Willpower Moment - video (weekly) – strategies to overcome psychological barriers to wellness and improve mindfulness
  - Healthy Lifestyle Booster (twice-weekly) – bite-size nugget wellness strategy (education/actionable step) < 1 min. attention span
- Tracking Tools for Important Biometrics & Wellness Practices (cholesterol, sleep, mood, etc.)
- Embedded Step Challenge – including step-equivalents
  - Goal 10,000/day, reaching 900,000 steps in first 90 days.
- Personal Wellness Checklist (with nudges)
- Nutrition Manager
- Nutrition & Pregnancy, Lactation, Infant & Early Childhood Nutrition (side bar)
- Mental Health Assessment (Dashboard)
- Sharing feedback report with health practitioner – with expiry date – doctor, trainer, chiropractor, dietician – can provide additional input